



# ASSESSMENTS AND TREATMENT PLANNING FOR PATIENTS WITH A SUBSTANCE-INDUCED AND USE DISORDER

February 22, 2017

Eastern Area Health Education Center  
2600 W. Arlington Blvd.  
Greenville, NC

## About the Workshop

For clinicians, the art and skill of conducting clinical assessments and writing treatment plans are essential for successful patient outcomes. This workshop combines traditional clinical approaches and evidence-based practices to help professionals increase their competencies in conducting and writing a comprehensive clinical assessment. Also included in the workshop is how to identify and write treatment plans that reflect the immediate needs of their patient. Case studies will be used to assist clinicians in differential diagnosing.

Participants are encouraged to bring their personal copy of the DSM-5 to the workshop.

## Objectives

Upon completion of this workshop, participants should increase their ability to effectively care for clients by being able to:

- **Identify** diagnostic skills, particularly skills in differentiating between substance use and induced disorders as well as between other DSM-5 diagnoses
- **Examine** tolerance, dependence, and withdrawal and their influences on the addiction and recovery processes
- **Differentiate** knowledge of the recovery process and how to utilize “staging” skills when writing treatment plans
- **Acquire** skills in identifying the various biopsychosocial influences, particularly cultural, financial, and health matters, in completing a comprehensive clinical assessment and in writing treatment plans; as well as implement these skills in their daily practice.

## Target Audience

This workshop will be of immense benefit to substance use/addictions/prevention professionals, including psychologists, social workers, licensed professional counselors, rehabilitation counselors, case managers, marriage and family therapists, psychotherapists, corrections and criminal justice professionals, integrated care professionals, psychiatric nurses, and all interested others.

## About the Faculty

*Jim Mallinson, MA, LCAS, CCS*, has served as both a clinician and administrator in substance use treatment both in the community and on the college campus, where he has taught courses on addictive diseases, co-occurring disorders, certification preparation, ethics, and healthcare management at various institutes throughout the region. These include the Duke Addictions Program, the North Carolina Evidence Based Practices Center, and the North Carolina Foundation for Alcohol and Drug Studies. Additionally, he has served on faculty at UNC Charlotte and Catawba College. Jim currently serves as a clinical supervisor, program consultant, and trainer through his private practice in Salisbury, NC. He is a Licensed Clinical Addictions Specialist, Certified Clinical Supervisor, and a Master Addiction Counselor.

# Agenda

8:30 am	REGISTRATION
9:00 am	Introduction
9:15 am	Overview of Theories of Addictive Disorders <ul style="list-style-type: none"><li>• The Disease Concept - Historical Review</li><li>• Behavior Theories of Addiction</li></ul>
10:30 am	BREAK
10:45 am	Defining Addiction - DSM-5 <ul style="list-style-type: none"><li>• Defining Tolerance, Withdrawal, and Dependence</li><li>• Defining Use, Abuse, and Addiction</li></ul>
12:00 pm	LUNCH (on your own)
1:15 pm	Defining Addiction (continued) <ul style="list-style-type: none"><li>• Personality and Addictive Factors: What the Literature Says</li><li>• Bio/Psycho/Social/Spiritual Aspects of Addressing Addictive Disorders</li><li>• Biological Influences</li><li>• Psychological Aspects</li><li>• Socio-cultural Perspectives</li><li>• The Spiritual Nature of Addiction</li></ul>
2:30 pm	Multiple Addictive Disease
2:45 pm	BREAK
4:30 pm	Identifying and Writing Treatment Plans that Work <ul style="list-style-type: none"><li>• Defining "staging"</li><li>• Defining recovery</li></ul>
4:45 pm	Identifying Plan of Action to Enhance Personal Assessment Skills
	ADJOURNMENT

## Americans with Disabilities Act



Individuals with disabilities, requesting accommodations under the Americans with Disabilities Act (ADA), should contact the Department of Disability Support Services at (252) 737-1016 (V/TTY) by February 8, 2017.

## Handouts & Evaluations

You will receive handouts for this workshop in your confirmation email. Please be sure we have your correct email so that you will receive the handouts. Please be sure to print your handouts prior to the event and bring them to the workshop, as there will be none available at the event. The program evaluation will be sent within 3 business days following the program to the email address on your registration form. Once the evaluation has been completed, your certificate will be available.

**PLEASE BRING A SWEATER OR JACKET TO ENSURE YOUR COMFORT.**

# Credit

## Category A-NC Psychology Credit

This program will provide 6.0 contact hours of (Category A) continuing education for North Carolina psychologists. **No partial credit will be given.**

## Contact Hours

Certificates reflecting 6.0 contact hours of education will be awarded at the completion of the program.

## National Board for Certified Counselors Credit (NBCC):



Eastern AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5645. Programs that do not qualify for NBCC credit are clearly identified. Eastern AHEC is solely responsible for all aspects of the programs.

## Substance Abuse Counselor Credit (SAC):

Application has been made to the North Carolina Substance Abuse Professional Practice Board for 6.0 hours of Substance Abuse Specific hours.

## Program Location

This program is being held at the new Eastern Area Health Education Center located at 2600 W. Arlington Blvd., Greenville, NC.  
[http://eahec.ecu.edu/ns/map\\_directions.cfm](http://eahec.ecu.edu/ns/map_directions.cfm)

## Registration Information

Register online at [www.easternahec.net](http://www.easternahec.net).

Received **by** February 15. . . . . \$80.00  
Received **after** February 15. . . . . \$105.00

The registration fee includes program materials, refreshments, and credit. Participants are encouraged to take advantage of the reduced registration fee by registering on or before February 15, 2017. If you register early and must subsequently cancel, a full refund will be made through February 15, 2017. No refunds will be made thereafter, but a substitute may attend. We would appreciate advance notification of any substitutes so that we can prepare materials in that person's name. NOTE: If you register, do not attend, and do not cancel by the February 15 deadline, you or your agency **will be billed** for the full amount.

If you would like more information on the program, please call Mental Health Education at **(252) 744-5215**.