THE ETHICS OF BEING TRAUMA-INFORMED™

May 12, 2017
The Education Center at Eastern AHEC
2600 W. Arlington Blvd.
Greenville, NC

About the Workshop
This ethics workshop will provide participants with practical applications and information to prepare them for multiple positive enhancements and perspectives to client care. Information about trauma-informed care across systems, practices, and settings will be reviewed as it relates to various ethical issues.

Objectives
Upon completion of this workshop, participants should increase their ability to effectively care for clients by being able to:
- Enhance your Trauma-Informed Practice process
- Explore a working definition of trauma
- Explain the basic neuroscience of trauma
- Outline the core competencies as a trauma-informed clinician
- Develop one’s own personal standards of practice as a TI practitioner
- List the ethical implications of practicing inside - or outside - of this context
- Create a Practice Pledge for you and your agency; as well as implement these skills in their daily practice.

Target Audience
This workshop will be highly beneficial to all mental health practitioners who work with individuals with a history of trauma and those that want to learn about the ethics surrounding trauma-informed care. This includes social workers, psychologists, licensed professional counselors, marriage and family therapists, clinicians and therapists, substance abuse professionals, care coordinators, school personnel, and all interested others.

About the Faculty
Cherie L. Spehar, MSW, LCSW, is a Licensed Clinical Social Worker, Facilitator, Registered Play Therapist-Supervisor, and Certified Trauma Consultant-Supervisor in Apex, NC. A clinician since 1994, she has dedicated her life to the well-being and healing of children, women and families. With her extensive clinical background, her professional path has found her in longstanding roles such as Executive Director of The Child Abuse Prevention Center in Raleigh, North Carolina, Training Coordinator and Developer with the North Carolina State University Social Work Department. Ms. Spehar can be found at her private practice center, Smiling Spirit Pathways, where she has developed a haven for consultation, training, child and family therapy, and trauma services. There, she also develops children's groups, facilitates workshops related to resiliency, “trauma parenting”, and women’s wellness and serves as a field instructor for the University of North Carolina at Chapel Hill, School of Social Work. Ms. Spehar is a Certified Trauma Consultant-Supervisor with The National Center for Trauma and Loss in Children (TLC) and has served hundreds of children and adults with TLC Programs. Additionally, she has pioneered efforts in her local and statewide school system to bring Trauma-Informed approaches into the educational setting and provides regular consultation to community agencies on Trauma-Informed Care. Ms. Spehar also provides presentations and trainings locally and nationally on working with traumatized children and adults. She further specializes in Therapeutic Writing interventions and holds a Certificate of Advanced Study in this expressive therapy field. She has recently developed a Trauma Mentorship Program in which she accepts beginner and advanced candidates for intensive study in the use of trauma-informed interventions and approaches.

This presenter is supported through the partnership between the University of North Carolina at Chapel Hill, School of Social Work and the NC AHEC Program.
Credit
No partial credit will be given for this program.

Category A-NC Psychology Credit
This program will provide 4.0 contact hours of (Category A) continuing education for North Carolina psychologists.

Contact Hours
Certificates reflecting 4.0 contact hours of education will be awarded at the completion of the program.

National Board for Certified Counselors Credit (NBCC)
Eastern AHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5645. Programs that do not qualify for NBCC credit are clearly identified. Eastern AHEC is solely responsible for all aspects of the programs.

North Carolina Public School Personnel Renewal Credit:
Certificates for 4.0 contact hours of education will be awarded at the completion of the program.

Substance Abuse Counselor Certification (SAC)
Application has been made to the North Carolina Substance Professional Practice Board for 4.0 hours of Substance Abuse Specific hours.

Registration Information
Register at www.easternahec.net.

Received by May 5 .................. $75.00
Received after May 5 ................. $100.00

The registration fee includes program materials, refreshments, and credit.

Eastern AHEC Cancellation Policy
• To be eligible for a refund, cancelations MUST be emailed to easternahec@ecu.edu at least one week in advance of the activity
• No refunds will be given for cancelations less than one week prior to activity
• For continuing professional development activities canceled more than one week prior to continuing professional development activity,
  • A $35.00 cancelation fee will be deducted from the refund, OR
  • The registrant may elect to apply the full amount toward a future Eastern AHEC continuing professional development activity being held within one year, OR
• Substitutions are welcome; advanced notification encouraged.

If you would like more information on the program, please call Mental Health Education at (252) 744-5215.

Program Location
This program is being held at the new Eastern Area Health Education Center located at 2600 W. Arlington Blvd, Greenville, NC.
http://eahec.ecu.edu/ns/map_directions.cfm

Americans with Disabilities Act
Individuals with disabilities, requesting accommodations under the Americans with Disabilities Act (ADA), should contact the Department of Disability Support Services at (252) 737-1016 (V/TTY) by April 28, 2017.

Handouts & Evaluations
You will receive handouts for this workshop in your confirmation email. Please be sure we have your correct email so that you will receive the handouts. Please be sure to print your handouts prior to the event and bring them to the workshop, as there will be none available at the event. The program evaluation will be sent within 5 business days following the program to the email address on your registration form. Once the evaluation has been completed, your certificate will be available.

PLEASE BRING A SWEATER OR JACKET TO ENSURE YOUR COMFORT.