NO PAIN, NO KNOWLEDGE GAIN: A COMPREHENSIVE LOOK AT THE MANAGEMENT OF PAIN IN 2017

November 4, 2017

The Education Center at Eastern AHEC
2600 W. Arlington Blvd.
Greenville, NC

Program Description
This program is designed to provide updated information about the management of pain in a variety of patient populations.

Target Audience
The target audience for this program is pharmacists, nurses, and mid-level providers; however, pharmacy technicians may also find this program to be beneficial.

Jointly provided by: Eastern AHEC, Vidant Health and UNC Eshelman School of Pharmacy
Agenda and Objectives

Upon completion of this knowledge based presentation, the pharmacist/pharmacy technician will be able to:

8:00 a.m.-8:30 a.m. **Check-in and Light Breakfast**

8:30 a.m.-9:30 a.m. **Opioid Epidemic: Past, Present, and Future**
Lindsey Stever, PharmD
- Examine the growing opioid crisis and its impact on health care
- Evaluate your practice for opportunities to apply the components of the STOP act
- Develop a strategy to further reduce opioid abuse in your community

9:30 a.m.-10:00 a.m. **Pilfering the Pyxis: Drug Diversion in Healthcare Facilities**
Jacob Gibson, PharmD
- Discuss current drug diversion trends in healthcare facilities
- Explain the industry behind drug diversion
- Review different drug diversion prevention strategies
- Analyze an effective prevention strategy in a healthcare facility

10:00 a.m.-10:15 a.m. **Break**

10:15 a.m.-11:15 a.m. **Navigating the Path of Pain: A Review of the Pathophysiology of Pain and the Role of Opioids in Pain Management**
Lindsay Carter, PharmD
- Describe the pathophysiology of pain and the options for opioid therapy
- Differentiate a true allergy from an adverse event and recommend appropriate therapy
- Design an appropriate pain management plan for a patient

11:15 a.m.-12:15 p.m. **Little People, Big Pain: Pain Management and the Issues Surrounding Opioid Use in Pregnancy and the Pediatric Population**
Ashlee Baucom, PharmD
- Discuss neonatal abstinence syndrome and the impact of opioid use during pregnancy
- Evaluate the appropriate use of opioids during breastfeeding
- Design an opioid free pain management regimen for a pediatric patient

12:15 p.m.-1:15 p.m. **Lunch**

1:15 p.m.-1:45 p.m. **ADR's Are Not on My Bucket List: A Review of the BEERS Criteria**
Ross D. Ellerbrok, PharmD
- Discuss pertinent recommendations from the BEERS list in regards to the elderly
- Select appropriate pain medications for the geriatric patient population based on individual factors
- Critique current practice by identifying ways to improve geriatric patient care in regards to pain medication use

1:45 p.m.-2:45 p.m. **Non-opioid Management of Trauma and Surgical Pain**
Breanne Martinez, PharmD
- Discuss the role of local anesthetics in post-operative and traumatic pain
- Identify pharmaceutical adjuncts to opioid therapy in post-operative and traumatic pain
- Describe the pharmacist role in post-operative and traumatic pain management

2:45 p.m.-3:00 p.m. **Break**

3:00 p.m.-4:00 p.m. **Opioid Stewardship - Taking the Path Less Traveled**
Chris Demitrazek, PharmD
- Evaluate the risk factors associated with the highest incidence of opioid adverse events
- Construct effective pain management therapies utilizing effective non-opioid adjuvants and non-pharmacological interventions
- Critique your practice environments use of opioids and identify ways to simultaneously curb opioid use and improve patient care

4:00 p.m.-4:15 p.m. **Summary and Q&A**
Faculty

Ashlee Baucom, PharmD  
Pharmacy PGY1 Resident  
Vidant Medical Center

Lindsay Carter, PharmD  
Pharmacy PGY1 Resident  
Vidant Medical Center

Chris Demitrazek, PharmD  
Pharmacy PGY1 Resident  
Vidant Medical Center

Ross D. Ellerbrok, PharmD  
Pharmacy PGY1 Resident  
Carteret Health Care

Jacob Gibson, PharmD, MBA  
Pharmacy PGY1 Resident  
Carteret Health Care

Breanne Martinez, PharmD  
Pharmacy PGY2 Critical Care Resident  
Vidant Medical Center

Lindsey Stever, PharmD  
Pharmacy PGY1 Resident  
Vidant Medical Center

Registration Information

Preregistration and fee payment is required. Advance payment of fee is necessary to guarantee space. Registration fee includes education sessions, breaks, lunch and an e-syllabus.

Online registration is available at http://www.easternahec.net

SPACE IS LIMITED AND EARLY REGISTRATION IS ADVISED.

Pharmacists (by October 13, 2017) $80.00
Pharmacy Technicians (by October 13, 2017) $40.00
Pharmacists (after October 13, 2017) $90.00
Pharmacy Technicians (after October 13, 2017) $45.00

By attending this event, I acknowledge that Eastern AHEC staff and/or their designees including news media may take general (not close-up) photos or videos of this event for marketing/publicity purposes, and I further allow my likeness to be used in this manner. If I do not wish to appear in these photos or videos, I understand that it is my responsibility to notify Eastern AHEC staff so my preference can be met.

Eastern AHEC Cancellation Policy

• To be eligible for a refund, cancellations MUST be emailed to easternahec@ecu.edu at least one week in advance of the activity.
• No refunds will be given for cancellations less than one week prior to the activity.
• For continuing professional development activities canceled more than one week prior to the activity:
  • A $35.00 fee will be deducted from the refund, OR
  • The registrant may elect to apply the full amount toward a future Eastern AHEC continuing professional development activity being held within one year, OR
• Substitutions are welcome; advance notification encouraged

Americans with Disabilities Act

Individuals requesting accommodation under the Americans with Disabilities Act (ADA) should contact the Department of Disability Support Services at (252) 737-1016 (V/TTY) at least 5 business days prior to the program.

For more information about this program, please contact Christie Martin at 252-744-5223 or martinchr16@ecu.edu.

Credit

Pharmacists and Pharmacy Technicians:
This program, ACPE 0046-9999-17-272-L01-P/T, will provide 6.25 contact hours of continuing pharmacy education for full program participation. To receive CE credit, attendance must be acknowledged at the registration desk upon arrival at the program.

Participants must attend the entire session to receive CE credit. Statements of credit can be viewed and printed from CPE monitor.

The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

You can access your CPE Monitor Account through the NABP website link: http://www.nabp.net/programs/cpe-monitor/cpe-monitor-service/

Contact Hours:
6.25 Eastern AHEC Contact Hours

Handouts
Handouts will be available online. A letter of confirmation including links for the handouts and directions to the education center will be emailed prior to the program date.

Please be sure that we have a current email address for you upon registration so that you will receive all follow-up course information. Hard copy handouts will not be available.

The program evaluation will be sent within 5 business days following the program to the email address on your registration form. Once the evaluation has been completed, your online certificate will be available.