

# 2018 Geriatric Medicine Academy



**January 10 - February 14, 2018**

**Wednesdays 12:30-1:00 p.m.**

**Online  
via WebEx**

## Description

Eastern North Carolina's elderly population is growing rapidly and in this rural, underserved region, geriatric patients are at risk for gaps in care. Older patients often have different illnesses, physiology, and care needs. This course will enable participants to provide more effective evidence-based, quality care to the geriatric patient. The Geriatric Medicine Academy updates eastern NC primary care providers in the evidence-based management of the comprehensive needs of older adults and their families. The innovative learning lab approach provides participants with advance resources as well as the opportunity to engage in discussion with other regional practitioners about challenging cases, resources, successes and barriers.

## Who Should Attend

This web-based course has been planned for Physicians, Nurse Practitioners, Physician Assistants, Nursing Home Administrators and other clinical staff, particularly those in the fields of Internal and Family Medicine.

Jointly provided by the Office of Continuing Medical Education of The Brody School of Medicine of East Carolina University and the East Carolina University College of Nursing in association with Eastern Area Health Education Center



# Geriatric Medicine Academy Spring 2018

## Agenda and Learning Objectives

January 10, 2018 12:30-1:00 p.m.

### **Building to the Core: Geriatric Polypharmacy**

*Candace Harrington, DNP, RN, AGPCNP-BC*

1. Describe use of START and STOPP criteria to manage geriatric medication plans
2. Identify potentially inappropriate medications for geriatric patients
3. Examine appropriate methods of de-prescribing medications to reduce polypharmacy

January 17, 2018 12:30-1:00 p.m.

### **Opioids and Pain: Is Your Patient Using or Abusing?**

*Sonya R. Hardin, PhD, MBA/MHA, MSN, RN, CCRN, NP-C*

1. Describe the incidence of substance abuse problems in the elderly
2. Identify moderating factors and exacerbating factors for substance abuse
3. Examine a number of screening tools for geriatric substance abuse
4. Discuss treatment options for substance abuse in older adults

January 24, 2018 12:30-1:00 p.m.

### **Screening for Dementia in Primary Care**

*Donna Roberson, PhD, RN, FNP-BC*

1. Identify appropriate patients for routine and episodic dementia screening.
2. Explore commonly used valid and reliable screening tools for dementia screening.
3. Discuss evaluation of common dementia screening tools including planning for abnormal screening results.

January 31, 2018 12:30-1:00 p.m.

### **Diagnosing Dementia in Primary Care Settings**

*Donna Roberson, PhD, RN, FNP-BC*

1. Describe clinical presentation features for the patient who may be experiencing common dementia related disorders.
2. Discuss methods to accurately diagnose common dementia disorders.
3. Determine process for treatment, care and referral for patients with dementia.

February 7, 2018 12:30-1:00 p.m.

### **Ethical and Legal Considerations for Quality Primary Care of Older Adults**

*Candace Harrington, DNP, RN, AGPCNP-BC*

1. Determine a patient's capacity to make decisions about medical treatment
2. Discuss the principles governing decision making for incapacitated patients
3. Explain ethical considerations in caring for cognitively impaired and institutionalized patients

February 14, 2018 12:30-1:00 p.m.

### **Caregiver Burnout Recognition**

*C. Kim Stokes, MHS, PA-C*

1. Define "caregiver" and recognize their role in the patient care team
2. Discuss the physical and emotional manifestations of stress to better identify burnout
3. Relate caregiver burnout to personal and patient outcomes
4. Identify resources and tools to equip the caregiver and improve patient outcomes

# Course Director

**Kenneth Steinweg, MD**

Professor

Department of Family Medicine

Brody School of Medicine, East Carolina University

# Planners

**Candace Harrington, DNP, APRN, AGPCNP-BC**

Adult/Geriatric Primary Care Nurse Practitioner

Clinical Associate Professor

College of Nursing, East Carolina University

**Karen Goble, MA**

Assistant Director

Continuing Medical, Dental, and Pharmacy Education

Brody School of Medicine

# Registration Information

Online registration is available at

<http://www.easternahec.net>

Fee \$25 - no refunds

- Participants will receive a link to the GMA course webpage that provides recorded presentations and supportive materials to view in advance of the live learning lab discussion sessions.
- The weekly learning labs offered via WebEx are 30 minute facilitated discussions that explore challenging cases and applications of the topic in your practice.
- You will receive 1.0 contact hour or 1.0 AMA PRA Category 1 Credit™ for each module when you participate in the live learning community.
- In this flipped classroom approach, participants receive credit for learning from both the academic material and the live discussion forum.

# Technical Requirements & Privacy Information

**Click here** for webinar hardware/software requirements and privacy information.

A link and information regarding joining the webinar will be included in your confirmation email.

For more information about this program, please contact Christie Martin at 252-744-5223 or [martinchr16@ecu.edu](mailto:martinchr16@ecu.edu).

# Credit

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The Brody School of Medicine of East Carolina University and East Carolina University College of Nursing. The Brody School of Medicine of East Carolina University is accredited by the ACCME to provide continuing medical education for physicians.

**Credit:** The Brody School of Medicine of East Carolina University designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Eastern AHEC Contact Hours:** Certificates reflecting up to 6.0 contact hours of education will be awarded at the completion of this program.

**Disclosure:** In order to ensure balance, independence, objectivity and scientific rigor in all CME presentations, teaching faculty, planners and reviewers are required to disclose any financial or other relationship they have with commercial entities-pharmaceutical, equipment or other for-profit corporations-that could be construed by learners as posing a possible conflict of interest. None of the above presenters or the planners or reviewers have financial or other relationships with ANY commercial interest and none are aware of personal conflicts of interest related to this program.

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